

# OAKSTERDAM NEWS

Vol 1 # 3

October - December 2005

## DELLUMS BRINGS 'HOPE' TO CITY MAYORAL RACE

**Former national NORML boardmember is front runner**  
By Chris Conrad

"If Ron Dellums running for mayor gives you hope, then let's get on with it," former US Representative Ron Dellums told a bevy of supporters who roared their warm appreciation on Oct. 7. In a satisfying bit of symmetry, Dellums got his political start by running for office at the municipal level, serving on Berkeley City Council from 1967 to 1970.

Dellums, 69, represented Berkeley and Oakland in Congress for 27 years before retiring in 1998. He said he is coming out of retirement to run for mayor of Oakland to succeed Mayor Jerry Brown. The news media promptly declared the local hero to be the new front runner.

The former boardmember of NORML, the National Organization for the Reform of Marijuana Laws, had supported various cannabis reforms during his term in Congress, and his successor, popular Rep. Barbara Lee, endorsed Oakland's Measure Z which called for regulation and taxation of adult cannabis sales here. It was passed with 65 percent of the vote.

The mayoral election is June 6. Candidates such as Alameda County Treasurer Don White and Oakland School Board members Dan Siegel and Greg Hodge said they would withdraw from the race but their campaigns were still active in late October. City Council members Ignacio De La Fuente and Nancy Nadel vowed to stay in the campaign.

Supporters had circulated a petition for months asking Dellums to run because they say he can unite Oakland, a diverse city that is 36 percent black, 24 percent white, 22 percent Hispanic and 15 percent Asian. More than 8,000 people signed the petition urging him to run.

## Nine years later, CHP implements state MMJ laws

By Martin Williams

The California Highway Patrol (CHP) unveiled its new procedures for handling medical cannabis, thanks to legal action by a patient advocacy organization.

Americans for Safe Access (ASA) found that one-quarter of all California medical cannabis arrests and seizures had been by CHP officers. Now a suit filed against them by ASA for failure to uphold state law has resulted in a fundamental change in how officers are ordered to treat patients and caregivers.

The CHP agreed to stop taking cannabis from qualified patients and primary caregivers in routine traffic stops.

On Aug. 22, CHP instructed its officers not to cite motorists with a valid state or local government medical marijuana ID card or a physician-signed recommendation, nor to seize their cannabis if they carry up to eight ounces of marijuana and six mature or 12 immature plants. Those are the minimum amounts set in state law.

*Please turn to page 3*



**FACE OF HOPE** — Oakland's long-time Congressman Ron Dellums comes back.

Dellums decision is seen as beneficial for cannabis-friendly Oakland. While *Please turn to page 11*

By Susan Stephenson

An August survey of likely voters in San Francisco found that, despite a wave of negative publicity around medical marijuana dispensaries and busts by the DEA, most San Francisco voters do not see cannabis dispensaries as a problem. In fact, 63 percent say they favor legalizing, taxing and regulating marijuana like alcohol for general adult use.

The poll, commissioned by California NORML, was conducted by Evans-McDonough, and its results echo the sentiment shown by Oakland voters, more than 65 percent of whom voted for Measure Z by last year.

The San Francisco poll came on the heels of political calls to reduce the number of dispensaries serving patients in the City. It shows that voters oppose cutting back on the availability of medical marijuana, with 84 percent agreeing that the number of dispensaries should be determined by patient needs, not politicians.

City voters overwhelmingly favor medical marijuana, with 91 percent saying they support it when a doctor recommends it. Fully 75 percent believe patients should be able to smoke on-site at cannabis clubs, and 62 percent believe that clubs could be clustered in certain neighborhoods.

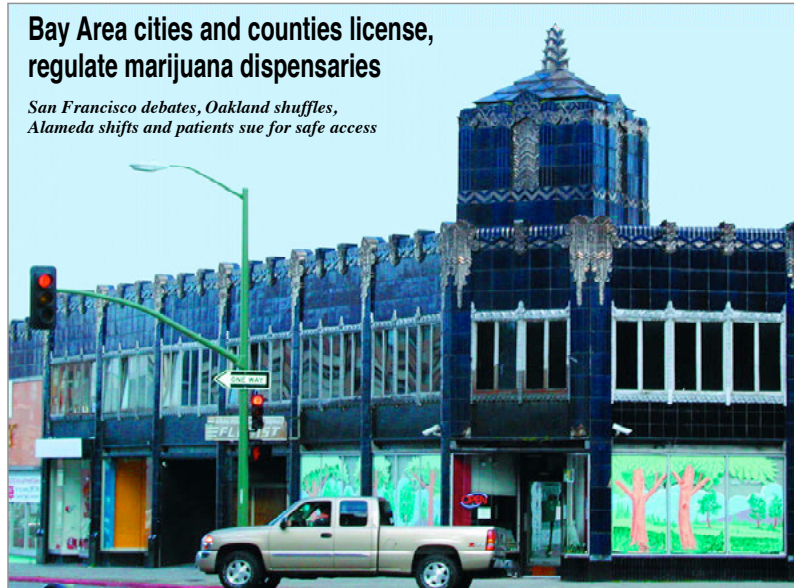
Eighty percent oppose the War on Drugs, with 75 percent saying the City should deal with its marijuana policies locally, not hand them over to the DEA.

A large majority of voters support decriminalization or legalization of marijuana for adult use. Eighty percent oppose prison for pot offenses, and seventy percent agree that cannabis consumers should be treated the same as alcohol users.

"The overwhelming message of this poll is that, contrary to the hype, San Francisco voters would rather see legalization of marijuana than a crackdown," said Dale Gieringer, director of California NORML. The poll covered 400 likely voters and has a 4.9 percent margin of error.

## Bay Area cities and counties license, regulate marijuana dispensaries

*San Francisco debates, Oakland shuffles, Alameda shifts and patients sue for safe access*



**FROM ART DECO TO OCPD NEIGHBOR** — Operators of the CARE medical marijuana dispensary had to trade in their Art Deco location on 19th Street, with its mural-painted windows, for a new location near the police department after Mayor Brown's pet charter school moved in across the street from the site. Dispensaries are not allowed within 1000 feet of a school, and the fact that the dispensary was there first was not given any weight. Photo by Chris Conrad.

By Justin Baker

Since Oakland established the first ordinance conditioning and regulating dispensaries in early 2004, at least 21 other cities and counties have followed suit. The road has not always been smooth.

Recently, with the closure of the Oakland Compassionate Healing Center on Grand Avenue and Compassionate Caregivers on Broadway, the process of selecting two new dispensary sites and permit operators has begun anew for the city. Compassionate Caregivers cried foul, and the minor nature of zoning violations involved did make it look suspiciously like a vendetta by a City Administrator determined to reduce patient access.

Meanwhile CARE moved downtown to 701 Broadway, by police headquarters, leaving the SR71 Coffeeshop, at 377 17th St., as the city's only open dispensary for a brief period in October.

In Alameda County, as officials prepared to shut down several county dispensaries they hesitated, dragged their feet and missed their own deadline for announcing which three dispensaries will receive permits to operate in the unincorporated areas.

At the Alameda board meeting, sheriff's deputies said they hoped to disclose which clinics will be in within 30 to 70 days. As this issue goes to press, the process is on hold and the length or effect

of this delay remains to be seen. Thousands of cards have been distributed throughout the county, from the Oakland Cannabis Buyers Club and elsewhere that authorize holders to buy marijuana from dispensaries. "There is a massive number to deal with," said Pam Willow, an analyst with the county's Public Health Department. There are only a few dispensaries in unincorporated areas, Berkeley, Oakland and Hayward to supply patrons who also come from throughout the Bay Area and Central Valley.

Across the Bay, San Francisco's dispensary permit ordinance by Supervisor Ross Mirkarimi worked its way through a *Please turn to page 6*

## Shifting relationships evolve between police and medical cannabis community

By Martin Williams

A complex relationship has evolved in the state as police have slowly come to terms with the roles of medical marijuana dispensaries in the community.

After decades of anti-marijuana bias, law enforcement is coming to grips with the fact that a growing number of people in this state have a legal right to cultivate and consume cannabis, and even to buy it. That relationship has been tested by the development of dispensary ordinances and a recent rash of criminals preying upon the medical marijuana community.

### Limited immunity for MMJ sales

Until 2003, medical marijuana dispensaries operated in the gray area of legal tolerance. This led to the founding of scores of cannabis dispensaries around the state, largely unregulated until the City of Oakland decided to quash its Oakland zone by issuing heavily restricted permits to four disbursed dispensaries.

The end effect was to spread the combination of dispensaries and ordinances around the state. Health and Safety code 11362.7 is the statute passed that year that includes a limited defense against some charges of HS 11359-11360 intent and sales involving medical marijuana to a qualified patient or their caregiver. Now more than 100 dispensaries serve tens of thousands of patients and caregivers.

Meanwhile, police sat outside of some dispensaries and bitterly complained that the patients "don't look sick enough" to deserve to receive medical relief.

For almost a decade, the dispensaries kept a relatively low profile and clean record in terms of problems. In some cases there were public nuisance complaints, but

they were easily cleaned up. Most of the dispensaries acted as good neighbors that fit in with the community. However, when regulatory ordinances were proposed, law enforcement routinely opposed clubs with an unfounded mantra of "crime magnets."

Apparently, some social predators got the message, and came looking. After a rash of robberies in the East Bay, police are beginning to take a serious look at how to protect the dispensaries.

### Police attitude was the problem

When banks, jewelers, gas stations, or even wig stores get robbed, police come to their aid and denounce the perpetrators. When crooks hit programs that relieve the suffering of the sick and the weak, police voice their outrage and firm resolve to bring the perpetrators to justice.

However, when local medical marijuana outlets began being victimized by thieves and robbers, Sheriff Plummer and Oakland Police proved to be singularly incompetent at protecting patients access or apprehending the crooks.

A string of break-ins and several strong arm robberies largely met bizarre reactions from law enforcement spokespersons. After a June robbery, OPD spokesperson Lt. Amaral told the *Oakland Tribune* that dispensaries are "drug dens" that "attract predators." In a classic example of the 'blame the victim' technique, another spokesperson, Sgt. Kelly told the media that "clubs attract this kind of activity." Shortly after Sheriff Plummer declared that "clubs commonly take in 60 grand a day," another dispensary was robbed. One dispensary operator took matters into his own hands to shoot and kill a robbery suspect.

"You might almost think that they were advertising for robbers," another licensed dispensary operator confided to the *Oakland News*, on condition of anonymity to protect their permit. "This is a problem we've been noticing with Alameda law enforcement — they call all the clubs 'drug dens' or 'money-making ventures' or 'loaded with hundreds of pounds and tons of money,' and then they wonder why anyone tries to rob us. Surprise, surprise."

### Turn of the tide?

Ironically, the crime wave itself seems to be bringing law enforcement and the medical marijuana community closer.

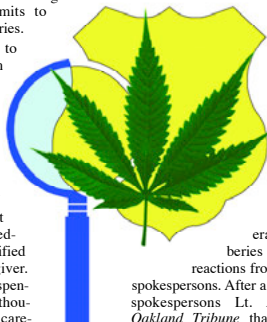
When they have a permit, dispensary operators are more comfortable calling 911 and reporting problems. Instead of going after the cannabis retailers, police find themselves pursuing people who victimize licensed vendors and their clients.

Oakland police are stepping up patrols around dispensaries and keeping an eye out. Sheriff Plummer spoke favorably of issuing permits before the Alameda County Supervisors passed an ordinance.

It is also significant that the CARE dispensary operators, forced to relocate after a school intruded against its 19th Street location, felt comfortable enough to relocate its services onto Broadway by the downtown Oakland police station.

As the years go by, this relationship is bound to become more comfortable as patients and proprietors demand equal protection under the law. "After all," concluded another dispensary operator, "it's these guys job to protect and serve us. Let them do it."

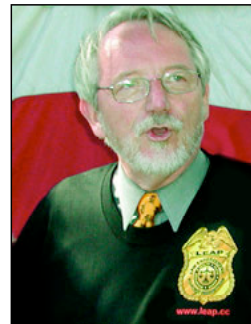
Getting that type of cooperation will also require that dispensaries do a better job of keeping their clientele in line and avoiding nuisance complaints.



## Law enforcement is taking up the themes of anti-prohibition, cannabis tolerance

By Chris Conrad

Norm Stamper, former chief of the Seattle Police Department, is the author of *Breaking Rank: A Top Cop's Exposé of the Dark Side of American Policing* and an opinion piece in the Oct. 16, 2005 Los Angeles Times. Stamper said he wants to set the record straight.



*"No, I don't favor decriminalization. I favor legalization, and not just of pot but of all drugs"*

Former Police Chief Norm Stamper

"Yes, I was a cop for 34 years, the last six of which I spent as chief of Seattle's police department. But no, I don't favor decriminalization. I favor legalization, and not just of pot but of all drugs".

These days it's not renegade cops who favor legalization but a swelling tide of mainstream police and retired officers who disavow the Drug War. In fact, at least two political organizations comprised of current and retired law enforcement officers have been working quietly behind the scene to educate and recruit others to publicly join the call for reform if not outright repeal of drug laws.

It should be no surprise to learn that Stamper is affiliated with one such group.

Law Enforcement Against Prohibition (LEAP) takes the position espoused by Stamper, namely legalizing all drugs to lower the incidents of death, disease, and addiction in the United States by ending drug prohibition. Founding member and executive director of the international

**SAYING KNOW** — Jack Cole, director of LEAP. Photo by Chris Conrad

organization Jack Cole hales from across the country in Massachusetts but came to the same conclusions as Stamper. After serving in the United States Marine Corps, Cole became a policeman in 1964 and began the long odyssey to being a drug policy reformer. Like many, he waited until after retirement to voice his opposition to drug prohibition.

Boardmember Peter Christ is a retired New York police captain. During his 20-year career enforcing drug laws, he said he became convinced that "the drug war can never be won, and is doing more harm than good." After retiring from the force in 1989, Christ began speaking out publicly against the Drug War and has not stopped talking about it ever since.

Such was not the case for advisory board member of LEAP Judge Robert W. Please turn to page 12

*Summary of California Marijuana Laws*

As a public service, *Oaksterdam News* provides the following brief summary of California's current marijuana laws.

- **Health and Safety code 11357** -- Having less than 28.5g (an ounce) of marijuana is a \$100 fine; hashish or larger amounts are \$500 fines, plus possible jail time.
- **11358** -- Prison for cultivation or processing cannabis, or diversion for first time personal garden
- **11359** -- Prison for intent to distribute
- **11360** -- Prison for sales, furnishing or transportation, \$100 fine for furnishing less than 28.5g
- **11361** -- Prison for involving a minor
- **11362.5** -- Exemption to 11357 and 11358 for qualified people with a physician's approval
- **11362.7** -- Voluntary medical ID cards, limited immunity from 11357, 11358 for up to eight ounces of bud and six mature plants, limited immunity from HS 11570, 11359, 11360, and 11366
- **11362.8** -- Prison for violating ID card program
- **11366** -- Maintaining a place where marijuana is sold or cultivated (also 11366a, 11570)
- **Vehicle Code 23222** -- Transportation of less than 28.5g.

For more information, please go online to [www.chrisconrad.com](http://www.chrisconrad.com).

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## Two tickets to Oaksterdam Paradise

Eddie Money band rocks O'dam at the Uptown Club's grand opening

By Tristin Coffman

The Uptown Club, Oaksterdam's hottest new live music venue, kicked off its grand opening Oct. 14 with rock legend Eddie Money. Money's passionate style and solid performances have led him through a career spanning decades of touring and a collection of 12 albums and music CDs. His self-titled 1977 album, Eddie Money included two of his biggest hits, "Two Tickets to Paradise" and "Hold on." His 1999 release Ready Eddie features "Ready To Rock" and "Can't Go On," another great anthem that opens with a soft, ballad-like guitar feel and smooth vocals, but builds to a up-tempo, pure power ballad anthem.

Money gave the crowd — well, at \$15 per ticket, they got more than their money's worth! — a solid, no holds barred rock performance that kept people on their feet throughout night to the searing guitar



licks behind his textured vocals. An online petition was recently started to get Eddie Money considered as an inductee into The Rock and Roll Hall of Fame.

The Uptown Club, located at 1928 Telegraph Ave (510-415-8100), features an ornate, mirrored, 30-foot long, antique mahogany-wooden bar. Its full-service license offers spirits, wine, beer on tap, plus great live music with an affordable cover charge.

The bar is open from 4 PM to 1:30 AM Monday through Saturday, and in the evening its large performance space adjoining the bar uses an elevated full-size stage with state of the art sound and lighting systems to celebrate music. Enjoy the friendly atmosphere of the Uptown's own private outdoor deck.

Proprietors Kevin Burns and Bob Frantti plan to make the Uptown into a permanent venue for the best of both regional talent and internationally celebrated touring acts, and the decision to



**MAHOGANY GRANDEUR** — The 30-foot antique wooden bar makes the Uptown Club memorable, and the adjacent music stage keeps it hopping.

kick off with Eddie Money shows their commitment to that goal. Upcoming shows include Zoo Station, a cover band for the complete U2 Experience (Nov. 8-9, \$5.00, door 9:30 PM) and The Passion Pirates / Metro Vox (Nov. 25, \$10.00, door 9 PM), just to name two.

Prices are affordable enough for customers to attend regular weeknight shows,

or just visit the bar for happy hour with no cover charge.

So if you find yourself with a night on the town in Oaksterdam, it's worth spending time at the Uptown Club. A friendly ambiance, stylish decor and live music. The show calendar is constantly expanding, so a visit to uptownnightclub.com is worth exploring.

## New CHP policy is to allow qualified patients to travel with eight ounces, six plants

Continued from page 1

It took CHP almost two years to act on a state law that was enacted in 2003.

### Long-simmering conflict

After Proposition 215 was passed by state voters, the CHP and various other law enforcement agencies refused to recognize the HS 11362.5 medical exception to California's marijuana laws. They con-

tinued to act as if all cannabis were illegal.

On February 15, 2005, ASA filed a group lawsuit against the CHP on behalf of six medical marijuana patients and caregivers who had their legitimately possessed marijuana seized by the CHP under a policy of mandatory confiscation. The lawsuit argued that the policy was illegal under California's constitution, under which state law enforcement is compelled

allowing medical marijuana possession by qualified patients and caregivers.

The August memo "CHP HPM 100.69, Chapter 1, Controlled Substances Arrests, Revised 8/22/05" changed its policy to officially recognize the rights of lawful patients under state law. This is one of the biggest victories for patients and caregivers in California since voters approved the Compassionate Use Act in 1996, and a

legal victory particularly welcomed by California advocates since the US Supreme Court ruled in June that state-legal medical marijuana patients can still be arrested and prosecuted by federal officials. To see more details on ASA's lawsuit, copies of the old and new CHP policies, and plaintiff biographies, see [www.safeaccessnow.org](http://www.safeaccessnow.org).

### The right to remain silent

Marijuana attorney Omar Figueroa urged patients nonetheless to be cautious when

to uphold state law, including the state law


CHP agreed to stop taking cannabis from qualified patients and primary caregivers in routine traffic stops.

they interact with the CHP and to give them the minimum of information.

"Police officers are skeptical by training and always looking to advance their careers by maximizing their arrests and convictions. Remember: don't waive your Fifth Amendment right to remain silent, or your Sixth Amendment right to an attorney during questioning," Figueroa suggested. "Don't say anything more than you're a medical cannabis patient and/or caregiver, and let your document (whether a card, recommendation or approval) speak for itself.

"Stand up for your rights!"

**Thanks to Measure Z**



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**Tell our City officials to implement Measure Z**

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<a href="mailto:jbrunner@oaklandnet.com">jbrunner@oaklandnet.com</a>	
<b>Pat Kernighan, Dist 2,</b>	<b>238-7002</b>
<a href="mailto:pkernighan@oaklandnet.com">pkernighan@oaklandnet.com</a>	
<b>Nancy Nadel, Dist 3,</b>	<b>238-7003</b>
<a href="mailto:nnadel@oaklandnet.com">nnadel@oaklandnet.com</a>	
<b>Jean Quan, Dist 4,</b>	<b>238-7004</b>
<a href="mailto:jquan@oaklandnet.com">jquan@oaklandnet.com</a>	
<b>Ignacio De la Fuente, Dist 5,</b>	<b>238-7005</b>
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<a href="mailto:dbrooks@oaklandnet.com">dbrooks@oaklandnet.com</a>	
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<b>Henry Chang, At-Large</b>	<b>238-7008</b>
<a href="mailto:cityochang@aol.com">cityochang@aol.com</a>	
<b>Jerry Brown, Mayor</b>	<b>238-3141</b>
<a href="mailto:officeofthemayor@oaklandnet.com">officeofthemayor@oaklandnet.com</a>	



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# A roof with a view...



## Autumn days — perfect time to lunch atop O'dam

By Tristin Coffman

Summer is over but it's not too late to bask atop Oaksterdam in privacy in the autumn sun amid climbing vines to eat lunch and enjoy the skyline view, from the classic Fox Theatre to the downtown towers.

Birds rustle and sing in the bushes and hanging vines while the traffic lies far below your feet. On a warm day you can enjoy a quiet conversation and balmy air.

It's not wheelchair accessible and you have to bring your own lunch, but with all the restaurants nearby, the problem is choosing from among the variety of lunchtime options available.

So where, you may ask, is this Uptown oasis and lunchtime outdoor getaway? Atop the Kaiser Permanente parking structure, at 19th and Franklin Streets. With winter approaching, there will be fewer days to take the elevator up as far as it goes and make the extra climb to find a friendly, secluded and restful area to visit and cap off your Oaksterdam experience.

And please, always remember to drive responsibly when you head out of town.

# Marijuana



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This refurbished Tin Lizzie roosts in Oaksterdam, with the Bulldog Coffeeshop in the background. Photo by Jaime Galindo

**Historic 1927 Ford Model T Depot Hack**

**Beatrice the buggy boogies around bustling uptown**

By Carl Lasagna

Beatrice is back. Many readers may not have noticed that she was even gone, but ask yourself — when was the last time you saw a hack whiz uptown? And we don't mean a hacker or a political crony.

Well, now you can see it again. This custom-bodied hack (station taxi) probably cost \$600-\$700 new and is among the last of the fifteen million "Tin Lizzies"

that were built. Henry Ford's "car for the multitudes" was built from September 1908 to May 1927.

Affectionately dubbed "Beatrice," this car originally served as a taxi for the Southern Pacific railroad in the Klamath Falls to Merrill region in Southern Oregon. Though remarkably complete, the car is not restored to its original condition, but maintained in a state of arrested decay.

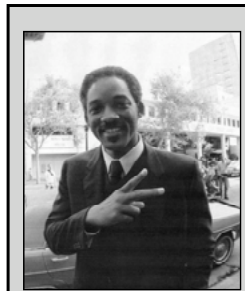
While Henry Ford was famously quoted as saying his customers could get a Model T in "any color you want — as long as it's black," Beatrice was originally painted bright yellow and beige, with black fenders, and likely had izing glass curtains for inclement weather.

**A customized queen of the road**

It runs with the original 20 horsepower four-cylinder engine, and two-speed planetary transmission. The Ruckstell two-speed differential, made right here in Oakland, is an original dealer installed accessory. The Ford chassis was manufactured in Dearborn, Michigan and the original western Oak hack body was built, presumably in Oregon, by a commercial coach builder.

Beatrice features the standard wooden artillery style wheels, demountable rims with "balloon" tires, and 6V electric starter (factory installed option).

She's been modernized with breaker-point ignition and alternator, shock absorbers (you'll really appreciate them if you get to take a spin in Beatrice), an optional brake light, and all the cotton



**MR. SMITH COMES TO OAKSTERDAM** — Film star Will Smith visited Oaksterdam to shoot his upcoming film, *The Pursuit of Happiness*. An exciting chase scene through traffic was shot on Broadway at 19th Street, with the Bulldog Coffeeshop in the background. Photo by Jaime Galindo

band linings (low gear, reverse, brakes) have been replaced with Kevlar.

**What distinguishes a Model T from a Model A Ford?**

The Model T car was built on the principle of a machine that would serve the multitudes. Not meant to be fancy, it's design is stark in appearance and has absolutely no frills. Not even a gas gauge or speedometer. Mechanically, its components are just sufficient. But, the common man's car, designed in 1908, is still well suited for the bumpy "modern" roads of Alameda County.

Model T cars have wooden wheels, no front wheel brakes, no bumpers, and a crank handle. Ford didn't produce a factory wooden bodied station wagon until the Model A was introduced in 1928.

**Beatrice, a working Model T**

Beatrice is more than just a beauty, however, she's a hard working lady who serves weekly deliveries for Alameda Meals On Wheels. She turns heads and turns frowns upside down wherever she goes. She is 78 years old, and made of relatively soft metals plus, naturally, solid hardwood. She is of an archaic design and requires a lot of maintenance, love and plenty of fresh, clean oil.

Public love and private donations to help pay for petrol, upkeep, and this historic experience are what keep Beatrice on the road. For inquiries, contact carl\_lasagna@alamedanet.net.

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## Patient Services & Support

Thanks to California Norml. Online updates at [canorml.org](http://canorml.org). *Oaksterdam News* makes no representation as to the service, quality, reliability or compassion of any of these groups. For a discussion of the legalities of cannabis clubs, see CA NORML's *Tips for Would-be Cannabis Providers*.

### Oakland

• Official city patient IDs, info: The Co-op Store, 510-832-5346, 1733 Broadway, [www.rxcabc.org](http://www.rxcabc.org).

### City Licensed Clubs

- SR-71, 377 - 17th St. Open M-F 9-8; Sa 10-8; Su 10-6
- CARE, 701 Broadway
- Two city permits under review

### Berkeley / East Bay

- Berkeley Cannabis Coop, Shattuck Ave, 510-486-1025
- Berkeley Patients' Group, 2747 San Pablo Av, 510-540-6013, [berkeleypatientsgroup.com](http://berkeleypatientsgroup.com)
- Berkeley Patients' Care Collective, 2590 Telegraph, 510-540-7878, [medicalmarijuana.info.com](http://medicalmarijuana.info.com)

### Contra Costa

- ME Delivery 510-758-3269
- Maricare - 2155 Colfax St, Concord (also deliveries) 925-459-2929, 11am - 7 pm
- Holistic Solutions 925-609-9655 1120 Contra Costa Bl, Concord

### Livermore Hayward, San Leandro Area

- Hayward Patients Resource Center, 22550 Foothill Bl, daily 11-9; also delivery, MD clinics, 510-581-8640, 888-389-6360.
- Local Patients' Cooperative (22630 Foothill Bl, 2nd Floor), Daily 10-10 (wheelchair access to 9:30, call first) 510-537-2405.
- Garden of Eden, 21227 Foothill Blvd Castro Valley, 9-9 daily, 510-881-2160.
- The Health Center, 15998 E. 14th St, San Leandro 510-278-4251, 11-7 Daily
- Alameda Co. Resource Center 16250 B E. 14th St, San Leandro 510-317-2150, Open M-SA 11-8 (high grade organic).
- A Natural Source 510-276-7224, 16360 Foothill Blvd, San Leandro, M-F 11-7, Sa-Su 12-6.
- Compassionate Collective of Alameda Co, 21222 Mission Bl, Hayward, M-F 9-7, Sa-Su 11-7.
- Compassionate Caregivers, 16045 E. 14th St, San Leandro, 510-481-5757, 8-8 daily.
- We Are Hemp 913 E Lewelling Blvd, San Lorenzo, 510-276-2628, M-Sa 11-8

### San Francisco

- Patient ID Cards, City Dept of Health, 101 Grove St. #105, 415-554-2890
- SF Medical Cannabis Clinic #1, 122 Tenth St (at Mission) 415-626-4781 Open M-W 11-7; Th - Sa 10-7; Su 11-6.
- CanaMed Care Center, 1211 Sutter St (lower), M-Sa 1-9, Su 1-6, 415-885-8007, [cannamedcare.com](http://cannamedcare.com)
- Alternative Herbal Health, 442 Haight St, 415-864-1300, (MD consultations by appt)
- The Vapor Room, 609A Haight St. (MD

- consultations avail.) M-Sa 11-9; Su 12-8
- The Hemp Center, 4811 Geary Blvd, 415-221-HEMP
- Love Shack, 502 14th St. x Guerrero, 415-552-5121, [lsf.com](http://lsf.com)
- SF Medical Cannabis Clinic #2, 194 Church St, 11-7 M-F, 11-5 Sa-Su, 415-626-4781
- Ketama, 14 Valencia St, 11-8 M-Sa, 12-6 Su, 415-706-2679.
- Holistic Solutions, 11-6 daily 722 Columbus St, 415-296-7614.
- Mission St. Caregivers, 1760 Mission x Duboce, 415-553-7780 (open 365 days)
- Green Door, 843 Howard St, 11-8 daily 415-541-9590 [www.GreenDoorInfo.com](http://www.GreenDoorInfo.com)
- Alternative Patient Caregivers, 953 Mission St. #40 415-618-0680, 12-6 M-F, 11-5 Sa, Clones available.
- Alternative Relief Co-Op, 1944 Ocean Ave, noon-7, M-Sa, Natural herbs, tea, 415-239-4766, Deliver to SF hospital in-patients
- San Francisco ACT-UP, 1884 Market St, 415-864-6686 [actupsf.com](http://actupsf.com)
- Sweetleaf Collective 415-273-4663, For low-income AIDS, cancer patients
- SF Patients' Cooperative, 350 Divisadero St, 415-552-8653, [www.sfprc.org](http://www.sfprc.org)

**HS11362.5:** "seriously ill Californians have the right to obtain and use marijuana for medical purposes where that medical use is deemed appropriate and has been recommended by a physician..."

- Golden Triangle Sanctuary, 1334 Haight St, 415-431-6764, M-Sa 10:30-9; Sun, 12-8.
  - Hopenet Coop, 223 Ninth St, 415-863-4399, M-F 12-7, Sa 12-5
  - The Green Cross, 3420 - 22nd St x Guerrero, 415-648-4420, Daily 10-8, the-green-cross.org
  - Bernal Heights Co-op Disp, 33 - 29th St, 415-642-4702, 10-9 M-Sa, 12-7 Su
  - Divinity Tree, 958 Geary St, 415-292-6052, Open 11-7 except Tu
  - Mason St. Dispensary, 124 Mason St. (downstairs) 415-433-4420, 7-9 daily [masondispensary.com](http://masondispensary.com)
  - Emmalyn's, 1597 Howard St. #A, 800-588-4218 / 415-345-8248, Daily 10-9
  - Patients Helping Patients Home Bike Delivery, 415-240-7190
  - Good Fellowes Smoke Shop, 473 Haight St 415-346-4338
  - Grass Roots, 1077 Post St, 415-346-4338
  - Sanctuary, 669 O'Farrell, 415-885-4420
  - Re-Leaf Herbal Center, 2980 - 21st St, 415-235-3307
  - Mr. Nice Guy, 174 Valencia St, 415-865-0990, Open 11-9 Su -Th; 11-11 F-Sa
- Marin, North Bay**
- Marin Alliance for Medical Mj: 415-256-9328, [cbcmarin.com](http://cbcmarin.com)
  - Here2Help-707, Solano Co. delivery to homebound patients only 707-208-9023.

## Medical marijuana growing fast

Continued from page 1

as to permanently ban dispensing, despite state law that underscores patients' right to medical access and legitimizes collective activities. As of Oct. 6, at least 56 localities had moratoriums while 13 had adopted permanent bans.

That's when a group of patients launched a series of lawsuits against some of the municipalities that set bans on zoning local medical marijuana dispensaries.

The legal team of Americans for Safe Access is handling the lawsuits, and the patients it represents hope that, through litigation or threat thereof, local governments will decide to establish reasonable and sensible regulations.

The patient organization filed its initial suit against Fresno, followed by lawsuits against Concord, Pasadena, and Susanville. The group maintains that localities can regulate dispensaries under state law but cannot ban them. It advocates for fair local regulations.

While some California cities put moratoriums on licensing dispensaries as they study the issue, a handful have gone so far

M-Th 9-7 here2help\_707@hotmail.com

### South Bay

- Cal Medical Mj Patients Association, Belmont (delivery to San Mateo, SF, East Bay, 650-492-1487, 24 hrs. 650-595-0113, 4-6, [cammjpa@yahoo.com](mailto:cammjpa@yahoo.com) / [cammjpa.50megs.com](http://cammjpa.50megs.com)
- Mobile Herbal Therapy (San Mateo, San

- Resource Green Caregivers & Patients Group, 532-D Sonoma Ave, Santa Rosa, (deliveries too) 866-420-5020, 11-9 daily
- Sonoma Alliance for Medical Marijuana, SAMM, 707-522-0292, patient support group
- Marvin's Gardens, Guerneville, 707-869-1291
- Sonoma Co. Compassionate Services Delivery, 707-972-7818
- Holistic Solutions, 14240 Lakeshore Dr, Clearlake, Lake Co, 707-995-9000, M-Sa 11-7.
- D & M Compassion Center, 9990 E Hwy 20, Clearlake Oaks, Lake Co, 707-998-9781, [dmcc420@sbcglobal.net](mailto:dmcc420@sbcglobal.net)
- Lake Co Alternative Caregiver Clinic, Clearlake Oaks, 707-998-0358, [lacc@mchsi.com](mailto:lacc@mchsi.com)
- Ukiah CBC, 707-462-0691
- Hemp Plus Ministries, 892 N. State St, Ukiah, 707-468-1478, Open M-Sa 10-6.
- Medical Cannabis Co-Op, 812 N. State St., Ukiah, 707-462-0373 Open M, W, F 10-4.

### Central Valley to Redding

- Amador Co. Sierra Foothills CC (delivery service) 209-274-6727.
- Butte Compassionate Care, Chico area delivery, 12-8; low-income okay, 530-680-0857;
- Calaveras CC, 866-401-2228, delivery 7 days, 8-8; low-income patients welcome.
- Merced Patients' Group (patient support) 209-726-5216 [mercedpg@sbcglobal.net](mailto:mercedpg@sbcglobal.net)
- Merced County Patient Coalition (patient support), [merccountycc@aol.com](mailto:merccountycc@aol.com)
- California Healthcare Collective 1009 McHenry Ave, Modesto
- MMJ Caregivers Association of El Dorado Co. Placerville, 530-642-8258
- Golden State Patient Care Collective, 233 Hwy 174, Colfax, 530-346-2514, M-Sat 10-6
- Plumas Co., Feather River Coop, 530-283-4517 (info)
- Jim's Deliveries, Roseville area 916-519-5328, 10-6.
- San Joaquin, Medi-Caregivers delivery, 209-456-0680

Continued on next page



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  - Current Legislation & News
- WWW.CANORML.ORG**  
for Free Newsletter Write:  
2215-R Market St. #278, San Francisco CA 94114

## Resource Directory

Continued from previous page

- Shasta Patient Alliance, shapatall@hotmail.com, info only
- Green Care, Shasta delivery 530-524-9251. 8am-6pm.
- Siskiyou County Medical Cannabis Co-op Research & Registration Ctr. Weed. 530-938-1768. littleloulou@snowcrest.net
- Stanislaus/Central Valley Co-op: Primary Caregivers & Consultants. 209-818-2932. CACaregivers@aol.com
- Tuolumne CC delivery 866-882-1129. 7 days, 8-8. low-income patients welcome.
- Valley Patients' Alliance, Stockton CA 209-933-6282, patient info & aid
- Yuba County CBC 530-749-7497

### Sacramento

- Capitol City Patient's Center. Sacramento, 916-649-0114
- Capitol Alternatives. 2020 - 16th St. Sacramento, 916-497-0277 / 916-728-1967. Open 9-7 M-Fri; 9-5 Sa.
- Advanced Medicinal Health Center: call for appt. 916-482-1971. M-Sa 11-6.
- Doctor's Orders, 4011 Winters St. #A, Sacramento. M-F 9-6, Sa 9-4, Sun 9-1. 916-564-2112.
- Canna Care, 320 Harris Ave #G 916-925-1199. M-F 9-6; Sa-Su 10-3.
- Botanical Collective. 10-10 everyday; holidays 10-4. call 916-366-0420 / 916-519-7670 for verification, directions. botanicalcollective@sbglobal.net
- MedSac916: 916-806-2314 www.med-sac916.com
- Growth Unlimited deliveries Sacto/Solano/Central Valley/San Jose. 1-888-MED-CANN
- Today's Holistic Caregivers Sacto area delivery. 661-946-6600 caregivers420@yahoo.com
- Healing Hands of Nature delivery. Rancho Cordova/Sac/Citrus Hts area. 916-256-5277

### Kern Co., Bakersfield

- Nature's Medicinal, 323 Roberts Ln. Bakersfield. 661-392-9353, 11-9 daily.

### Santa Barbara, Ventura

- Santa Barbara Patients' Group, 3114 State St. 805-687-8988, M-SA 11-5. Fax MD documentation to 805-456-0710.
- Helping Hands Wellness Center, 4141 State St. #F-4 Santa Barbara (805) 692-1419. Open 10:30-8:30 daily.
- Santa Barbara Patient Doctor Coalition. 805-687-2380 PDCoalition@cox.net
- Hezekiah Inc. 92 - 2nd St. #H. Buellton (805) 264-1774 - open M-F 9-5.
- Cal Alliance for Medical MJ Patients (Ventura Co) 805-890-1365. ID cards, medical referrals stoparrestingpts@aol.com

### OC, San Bernardino, Riverside

- 215 Patient Bakery (edibles only) / 420 Primary Caregivers, 421 N. Brookhurst #130, Anaheim, delivery. 714-758-3500. Bakery open M-Sa 11-7. 420primarycaregivers.com
- Legal Ease 1077 E. Main St., Tustin 714-508-3633, M-F 10-8, 11-7 Sa-Su

Visit our website  
oaksterdamnews.com  
for valuable information

- Pharmakeia (LA/Orange/Riverside/S.D./S.Barbara) 323-462-1516. M-Sa 10am - 5 pm. pharmakeia.org, info@pharmakeia.org
- Inland Empire Herbal Caregivers, San Bernardino Co. delivery 951-537-0235.
- CAPS, Palm Springs. 760-325-1112
- Hempie's, Palm Desert. 760-449-3373 Open 10-10.
- OCMC Cooperative, Orange County 949-855-0310.
- Yorba Linda Alt. Herb Coop 714-692-0072, 714-276-4238. M-F 11-8, Sa-Su 11-7
- Humble House Orange Co 949-395-9588 delivery to Orange and Riverside counties
- KGB Meds delivery to San Bernardino, High Desert. 760-246-7047. kgbmeds@yahoo.com
- Dank Meds, San Bernardino delivery, 760-247-3275 Daily 9 - 6 dankmeds@yahoo.com.
- Freeway Pharmacy, delivery to Beach cities, Huntington Bch - El Segundo. 310-349-9135
- Northern Lights Church, statewide support. 949-222-4209. Laguna Beach. northernlights-church.org / thehealingexchange.org

### Los Angeles area

- Inglewood Wellness Center. 310-674-4444. InglewoodWC.org
- Cal Medical Caregivers Assoc., 15838 Halliburton Rd. Hacienda Heights 626-336-2652 daily 11-7
- Compassionate Care of Studio City, 11314 Ventura Bl 818-506-7207 M-F 11-7, SA 12-6.
- United Medical Caregivers Clinic, 1248 S. Fairfax, LA 310-358-0212 Open 10-7 M-F.
- Quality of Life Activities (QOLA) Silverlake - Los Angeles Call for info: 323-644-1209 Hours: 10-7 M-Sa.
- LA Compassionate Care Silverlake 13th - 2227 Sunset Blvd 213-272-9488; en español 213-272-9489
- Medicinal Delivery Caregivers, 310-415-6759. LA area 10-8. medicinaldeliverycaregivers@yahoo.com
- Freeway Pharmacy delivery Beach cities El Segundo to Huntington Beach 310-349-9135
- South Bay 420 Collective Delivery Service, South Bay beach cities only. 310-561-3515
- Crescent Alliance for Sickle-Cell Self-Help Group (Sister Somayah) LA
- Today's Holistic Caregivers, Lancaster. 661-946-6600 caregivers420@yahoo.com

### San Fernando Valley

- Trichome Healing Caregivers, 7100 Van Nuys Blvd #204, Van Nuys. 818-373-5000. 10-7 daily except Wed. - disabled access
- So-Cal. Caregivers, 12135 Riverside Dr, Sherman Oaks. 818-760-6434, daily 10-8.
- Valley Independent Pharmacy, 10-7 daily. 19459 Ventura Blvd, Tarzana. 818-345-5477.
- Cannamed of Northridge, 9349 Melvin Ave. #9. 818-882-4849 - 10 am - 8 pm daily.
- Total Holistic Care, 21938 Costanzo St, Woodland Hills 818-710-0490.
- West Valley Caregivers, 23067 Ventura Blvd. # 102, Woodland Hills, CA 91364. (818) 222-9212. Call for hours

### West Hollywood

- LA Patients and Caregivers Group, 7213 Santa Monica Blvd. W Hollywood x Formosa. 323-882-6033. lamedicalmarijuana.com
- AHHS (Alternative Herbal Health Services) 7828 Santa Monica x Fairfax. W. Hollywood. 323-654-8792 call for hours.



## Cannabis activist Steve McWilliams memorial

Long-time medical marijuana activist Steve McWilliams passed away on July 12, 2005, dead by his own hand under pressure of a federal indictment and loss of his access to cannabis, just six days after the US Supreme Court issued its *Gonzalez v Raich* decision allowing federal agents to prosecute patients who are not engaged in any commercial or interstate activity.

McWilliams was active in the Colorado hemp movement in the early 1990s, publishing a newspaper and working with the Pike's Peak Hemp Coalition. After Prop 215 was passed, he moved to California. He was a member of the San Diego task force that pressed for medical marijuana guidelines, and ran a patient collective, Shelter from the Storm, that had been officially recognized by the city of San Diego as legal and in compliance with state law.

In September 2002, Steve led a public

RIP — Vigils were held on July 19 in Oaksterdam and around the world for McWilliams (inset).  
Photo by Jaime Galindo

handout of medicine to patients at San Diego City Hall. The US Attorney warned Steve to destroy his garden or face prosecution. That same week, the DEA raided Steve's small garden that served a few seriously ill patients. Steve was arrested and charged in federal court with growing 20 plants. He pled guilty, knowing he would not be able to present a medical marijuana defense.

Steve was sentenced to six months and released pending appeal but denied access to medical marijuana.

McWilliams had staked his hopes on a positive ruling in *Raich*. "I cannot allow the government to decide what drugs I must take. It's my life," he wrote in a farewell note. "I've given everything to the cause ... No retreat. No surrender. Love, Steve."

- Medical Marijuana Pharmacy 323-848-7981. 7825 Santa Monica Bl. LA area delivery. 10-9
- West Hollywood Caregivers. 7901 Santa Monica Bl #206. 323-656-2033. 10-7 daily.
- CA Cannabis Pharmaceuticals, 8464 Santa Monica Blvd, W. Hollywood 323-656-1600
- West Hollywood Center for Compassionate Healing, 8921 Sunset Bl. 310-626-3333.
- The Health Center, 8961 W. Sunset Blvd W. Hollywood. 310-275-0446. call for appt
- West LA Collective Caregivers. West side delivery. 310-953-2475. daily 9:30-10. wlacc.net.
- Long Beach
  - Compassionate Caregivers LB (not affiliated with other "Compassionate Caregivers"). 562-621-9777 call for details.
  - Cancer Help Center Herbal Collective, 3381 LB Blvd x Wardlow, Long Beach. 562-424-HERB. M-F 11-8, Sa-Su 11-7
  - Med-a-Cab delivery service, Long Beach and mid-cities 562-256-5066 everyday 11-7.
- San Diego
  - San Diego Legal Ease, Inc. 3024 Meade Ave #D (North Park) 619-398-3467. 10-7 daily.
  - San Diego Caregivers, (delivery serving SD / south Riverside Co.) 760-580-0745

- California Medical Center, 4010 Morena Blvd #103, SD 858-405-9496. Everyday 11-8.
  - Triple Holistic Chronic, 2109 El Cajon Blvd. SD 619-497-1105. Open 11-9.
  - Triple Holistic Chronic, 4972-1/2 Cass St. SD. 858-272-2700. Open 11 -9.
  - Ocean Beach Dispensary, 4230 Voltaire Ave. #2. 619-549-2014 obdispensary.com. 11-8.
  - First Choice Caregivers, San Diego area delivery 858-472-1225 everyday 10-7. firstchoicecaregivers@msn.com Hours.
  - Native Sun Dispensary, 3806 Rosecrans, San Diego 619-299-2837. Open M-Sa 9-7.
  - Co-Op SD, 7875 Convoct Ct #6, San Diego. 858-610-1674. Hours 11-7 everyday.
  - Mother Earth Co-op, 4017 Brant St. San Diego. 619-955-5611 Open 9:30 - 8 everyday
  - Compassionate Couriers San Diego deliveries compassionate-couriers.org 619-861-3157 Hours 10am-8pm.
  - American Caregivers Co-op, North SD County deliveries (760) 420-0478.
  - Purple Cocoonit, 3643 El Cajon Blvd, San Diego (619) 285-9292
  - Utopia Dispensary, 4843 Voltaire St. #A, San Diego (619) 222-6900 utopiadispenary.com 10 - 8 M-Sa, 12-6 Su.
- See canorml.org for updated information

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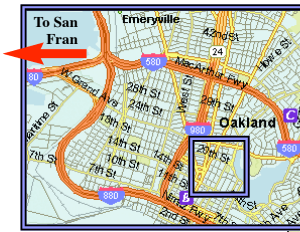
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## A walking tour of Oaksterdam

The map on this page shows highlights and historic landmarks of Oaksterdam, the cannabis friendly district of Oakland California. We invite you to take a self-guided walk along its streets.

Start at **City Hall**, on Frank Ogawa Plaza, head East on 14th to Broadway and turn North. Before you is Latham Square, with a fountain and the towering neo-gothic **Cathedral Building** at the Telegraph and Broadway split.

Turn left onto Telegraph and you soon pass the now closed **Fat Cat Cafe** on the right-hand side. So dense were the cannabis clubs along the Telegraph-Broadway triangle that at one time the cafe had to post a sign telling patrons that it was *not* a dispensary. Across the street is the small three story building where the **420 Cafe** operated. If you peer into the window you'll see murals and a skunk doll perched on a room divider.

Next you will pass a BART entrance and a few doors later is a yellow sign: **Lemondrop Coffeeshop**. The Lemondrop once had a candy store front and a dispensary in the basement. A few doors later another dispensary site wears paper signs announcing its closure and a new location for people to visit.

Continuing North you can't miss the massive, ornate **Fox Theater** on the left, in the middle of a costly restoration project. At the end of the block and across 19th Street is a beautiful Art Deco building with gold trim and sylvan murals painted in the windows. This is the licensed dispensary **CARE**. It's worth walking along the building's Telegraph facade before you continue east on 19th Street to Broadway.

Turn south on Broadway and on your right you will see 1755 Broadway. This is the original site of the **Oakland Cannabis Buyers Cooperative** where Jeff Jones first opened his dispensary on the fifth floor on July 4, 1996.

Next door is the **Bulldog Coffeeshop**, which once housed a cannabis dispensary. It's a good place to take a break before going south past the **Four Seasons** garden



### The Oaksterdam Map Key

- A Bulldog Coffeeshop, 1739 Broadway
- B SR-71, 377 - 17th St.
- C Norcal MMJ Recommendations, 1504 Franklin
- D Oaksterdam Gifts, 405 - 15th St.
- E Post office, 1446 Franklin St
- F Frank Ogawa Plaza
- G Medicann, 1814 Franklin # 901
- H Fox Theater, 1850 Telegraph
- I CARE, 800 Broadway
- J Paramount Theater, 2025 Bdwy
- K Kaiser rooftop garden
- L Lake Merritt Park boat rentals
- M Green Medicine Group
- N Van Kleaf Cafe
- O Americans for Safe Access (ASA), 1322 Webster # 208
- P Paid parking

center to the **Co-op Stop** that offers vaporizers, gear and ID cards for qualified individuals with valid documentation.

Keep strolling south to 15th street, then turn East once again. On the South side of the street is **Oaksterdam Gift Shop**, home of the **Oaksterdam News**. Continue up 15th to Webster, and turn north past the **YWCA** to see the **Green Door** dispensary sign in a tall-windowed building at 1521 Webster, covered with for lease signs.

Further north, you'll turn left on 17th and walk west along the tree-lined street. Under a red canopy is **SR-71**, another licensed and operating dispensary.

Two other active dispensaries are further out, one on Broadway and the **Oakland Compassionate Healing Center** at 578 W. Grand Ave.

Turn back east on 17th one block and turn left on Harrison, to the north. At 19th you will see beautiful **Snow Park** to the right and cut across diagonal to Lakeside Drive and on the other side is **Lake Merritt**.

There is a walking path that leads into the park surrounding the lake.

In the park you can find the **boat**

**house** where sailboats, paddleboats canoes and kayaks can be rented for a few dollars. You can walk the trail around the lake and catch scenic vistas or rent a gondola for a romantic sunset cruise.

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**SUNNY SEATTLE** — Clockwise from left: The "Seattle fog" rolls in over the 4:20 crowd gathered in front of the main stage. Above: The hemp education display was situated close to the Hemposium stage. Below: The Seattle skyline winked down on the annual cannabis reform event. Photos by Chris Conrad.

## Two days of music, politics and cannabis, zero arrests Seattle Hempfest draws 150,000

**Initiative 75's effect evident as police smile on the crowd**  
By **Tristin Coffman**  
Seattle police took City voters seriously and showed the cannabis friendly face of the northwestern port city this summer. The annual HempFest gathering at Myrtle Edwards Park on the third weekend in August is both educational and political in scope, and has a healthy dose of entertainment thrown in for good measure. "Don't just burn it, learn it!" HempFest organizers declared this the

Year of Education, and educational panel discussions ran non-stop in the Hemposium tent near the hemp resources display. Speakers included Mikki Norris, Chris Conrad, Jack Herer, Debby Goldsbury, Allen St. Pierre, Rob Kampia, Roger Goodman, Valerie and Mike Corral, Dominic Holden, Bryan Epis, Jack Cole, Philippe Lucas, Steph Sherer, Jeffrey Steinborn, Keith Stroup, Don Wirtshafter, Sanho Tree, Scarlett Swerdlow and other luminaries of cannabis reform. Four stages carried a continuous range

of music ranging from the reggae-rock Herbivores and Jah Levi to thrash bands and the psychedelic licks of Leon Hendrix. Zaphara's Belly Dancers, Fishbone, Keaton Simons, Shiftman Shift, Scott Law Band, and dozens more. The McWilliams Memorial Stage, dedicated to the late LA activist Peter McWilliams, was rededicated to include San Diego patient and activist Steve McWilliams, who took his own life in the wake of the Supreme Court's Raich ruling. The decidedly political aspect of the event was energizing, and on both days the famous Seattle fog rolled over the Hempfest at 4:20, as the crowd chanted, "What do we want? Equal rights. When do we want them? Now."



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## Dellums history shows long opposition to Drug War, support for cannabis reform

*Continued from page 1*

he was Congressman, reformers who were active in the 1970s and 1980s, such as Gordon Brownell and cannabis historian Michael Aldrich, remember Dellums as a friendly backer and a reliable vote for reform. He sat on the NORML board from 1977 to 1986, and in 1979 was on it with Hugh Hefner, Peter Lawford, Geraldo Rivera, Hunter S. Thompson, Ramsey Clark and Dr. Benjamin Spock.

### Solid Congressional record

Keith Stroup, NORML's director at the time, said that Dellums "was definitely a co-sponsor of our bill to decriminalize marijuana, an effort led in the House by Rep. Ed Koch, later the somewhat famous mayor of New York."

For more than two decades, Dellums voted against federal bills that encroached on civil rights and expanded Drug War excesses, such as property forfeiture against innocent owners; sometimes as the sole voice of protest. H.R. 956, creating a \$143 million pork barrel for prohibitionist groups, was passed by the full House on May 22, 1998 by a 420-1 vote: Dellums.

After Prop 215 passed, the congressman was one of the first five to sign Rep. George Brown's (D-CA) letter to his fellow 51 California House members urging them to join in a letter asking President Clinton to refrain from imposing federal penalties on California physicians who

might recommend cannabis to patients.

The others were Tom Campbell (R), Nancy Pelosi (D), Pete Stark (D) and Henry Waxman (D). He also signed on as

*"Dellums was definitely a co-sponsor of our bill to decriminalize marijuana."*

— Former NORML director Keith Stroup

a co-sponsor on Barney Frank's "States Rights to Medical Marijuana" bill, which has been repeatedly introduced into Congress with growing support but has not yet passed.

Ironically, the Oakland federal building that houses the DEA, where patients and protesters repeatedly rally for marijuana reform, is named the Ronald Dellums Federal Building in honor of his decades of political service.

### Candidate Nadel and others back cannabis reform policies, as well

Dellums fight for safe access is a stark contrast to the role of his opponent, Ignacio De La Fuente, the current Oakland City Council President who in 2004 took aim at Oaksterdam's dispensaries and tried to have them all shut down but one.

Fortunately, his fellow Council member, and also a mayoral candidate, Nancy Nadel was able to cobble together a compromise that left only four dispensaries standing and helped spur on the Measure Z campaign to regulate the city's adult cannabis market.

Dellums is by no means the only cannabis friendly candidate in the mayoral



**DISTINGUISHED PUBLIC SERVANT** — Secretary of Defense William Cohen (left) presented the Department of Defense Medal for Distinguished Public Service to Rep. Ronald Dellums, D-Calif., on Jan. 28, 1998, in the Pentagon. Dellums was recognized for his outstanding service as chairman of the House Armed Services Committee and his long standing advocacy of America's men and women in uniform.

US DoD photo by R. D. Ward.

race. Nancy Nadel has proved to be a good friend to the medical marijuana community. Both she and Dellums' successor, Barbara Lee, endorsed Measure Z during the campaign, while De La Fuente kept silent on the initiative that passed in a voter landslide. Candidate Dan Siegel also endorsed Measure Z, and other candidates for mayor have made it known that they support reform but have not made it into a key platform plank or actively courted the cannabis constituency.

At a minimum, Dellums plunge into the campaign waters stirs things up and adds needed excitement to the mayoral race; but a city campaign will typically hinge on local bread and butter issues.

The situation in Oakland is somewhat unusual, in that voters have overwhelmingly called for a change of policy while outgoing Mayor Jerry Brown, the City Council's "old guard" and entrenched city bureaucrats have stonewalled and blocked the will of the voters. As Oaksterdam and the Uptown Arts and Entertainment district emerge together, the importance of

integrating these constituencies will figure prominently in the discussion.

What is clear is that the peripheral issues that led to the passage of Measure Z — unsolved violent crimes, misdirected law enforcement resources, low-level street dealing on corners, unemployment, lack of tax revenues for vital city services, and unequal treatment of subpopulations like cannabis consumers and ethnic minorities — these issues will all be on the voters' minds in June.

A candidate who can tie them together and show how cannabis tolerance can help solve these problems will likely find a sympathetic ear from a solid majority of voters who are ready for change.

Dellums brings experience, integrity, and high hopes and aspirations to the campaign in a city that is poised to break away from the status quo of business-as-usual interests and some hope that will in turn usher in a new era of progressive, populist leadership. Such a community appears to be ready to hear Dellums voice of hope.

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## Questions about cannabis and your legal rights?

*Cannabis Yields and Dosage* is the new book on the production and use of medical marijuana, including information on the language of state law and important court rulings that impact the way it is enforced in California.

The new edition includes summaries of other states' medical marijuana laws. A must-read.

### *Cannabis Yields and Dosage*

By Chris Conrad

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## Bay Area medical marijuana patient, caregiver, Jane Weirick passes on

Jane Weirick, 46, died peacefully and unexpectedly on Oct. 25, 2005.

Jane was a tireless and dedicated worker for the cause of cannabis reform, known to many by her email moniker as "budfairy@budland.com."



**BUD FAIRY** — Jane Weirick, 1959-2005

Jane was a leading advocate for responsible self-regulation of dispensaries and was known for her devotion to her friends, patients and customers.

She was a co-founder of the San Francisco Patients Resource Center at 350 Divisadero, which set a model for MMJ cooperatives in the city after closure of Dennis Peron's club on Market Street.

Jane went on to found the Hayward Patients' Resource Center, working successfully with local officials to establish one of the first city agreements to permit dispensaries to operate. She spoke sensibly and with conviction at numerous city and county hearings in the bay area and had an excellent reputation with local government officials.

Jane had been incapacitated by a mysterious nerve disorder for the past year. According to her doctor, she may have suffered an allergic reaction from exposure to a chemical, although the cause had never been pinpointed.

Deepest sympathies are offered to Jane's husband, writer and musician Ray Carlson, her daughter, Jessica, and her many friends and comrades. A memorial is being planned but at press time the details had not yet been announced.

## Law enforcement officers LEAP into the debate to support ending

*Continued from page 2*

Sweet, a sitting federal court judge who found himself in the center of a firestorm as a result of speaking to his wife's club on effect of the drug laws in December, 1989.

*"The crime attending the current distribution of drugs would cease; \$150 billion dollars would be restored to the economy; responsibility for drug use would be pinpointed and assumed by the user."*

— Judge Robert W. Sweet

"In that speech I expressed my view that the use of the criminal law to deal with the drug problem was expensive, ineffective and harmful, both in human terms and societal values," the now-retired Sweet recalled. The speech catapulted him to national celebrity status. Some 15 years later, his opinions remain unchanged.

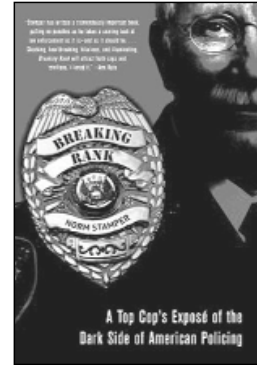
"All drugs should be appropriately labeled; the criminal proscription on drug use should be ended; and drugs should be sold only to adults and only through licensed pharmacies to persons properly identified. The crime attending the current distribution of drugs would cease; \$150 billion dollars would be restored to the economy; responsibility for drug use would be pinpointed and assumed by the user; the beneficial effects of medical drugs — marijuana, for example — would be achieved, and a reliable body of statistics would be available."

Advisory boardmember Eric Sterling, also president of The Criminal Justice Policy Foundation, was Counsel to the House of Representatives Committee on the Judiciary from 1979 until 1989. It was seeing the laws that were coming from Congress that convinced Sterling to publicly come out against the Drug War.

"Police officers have observed that the last 20 years of current drug policy has neither brought an end or reduction in demand for illegal drugs in our country," says Dan Solano, retired Detroit police officer and founder of Police Officers for Drug Law Reform. PODLR is an organization of both active and non-active policemen who make a more limited call for legalizing and regulating marijuana.

"It's time to think beyond drug prohibition and adopt a more logical and sustainable drug policy—one that is less reliant on police and imprisonment—a policy with greater emphasis on regulation, prevention and treatment."

Many police admit that they have lost their appetite for busting pot smokers. Whole cities, like Seattle and Oakland, are opting out of making marijuana arrests. So when respected former police chiefs like Seattle's Stamper and San Jose's Joseph McNamara take up the theme of drug policy reform, it begins to weaken the grip of the so-called Drug War lobby.



**BOOK 'EM, STAMPER** — The cover of Norm Stamper's book expressing why a police chief would favor legalizing drugs.

The bastions of resistance remain the police and prison guard unions and sheriff, district attorney and narcotics officers associations. While politicians may face off even the pharmaceutical, alcohol and tobacco lobbies, all our men in blue need do is lock arms together to stop any reform. Now those special interest groups face defections and an outbreak of common sense within their ranks.

To book a LEAP speaker contact, Mike Smithson, Coordinator of Speakers Bureau <speakers@leap.cc> at 315-243-5844 or fax: 315-488-3630. To order a copy of Norm Stamper's book or other fine books on drugs and drug policy, contact Quick Distribution 510-527-7036.

## Making the transition from counter culture to over-the-counter culture

With legal use of cannabis comes certain responsibilities. Cannabis outlets share their neighborhoods with homes and businesses. To be successful, they work hard to establish a positive relationship with their neighbors, the city, and the police department. The most likely cause for trouble is complaints by neighbors regarding operations or the activities of their clientele.

The *Oaksterdam News* suggests that everyone follow some common sense, good-neighbor principles.

- Please be respectful of the neighbors' rights, privacy and property. Never litter.
- Always be careful and courteous when driving, particularly when entering or exiting neighborhoods and parking areas.
- Be very careful not to block or park in driveways or in the neighbors' parking lots. You will probably be inside the establishment longer than you think.
- No loitering or nuisance behavior around cannabis outlets.
- Not everyone shares your opinions about marijuana or your taste in music. Keep the volume down.
- Do not divide-up or consume your cannabis inside your car or on the streets around your favorite outlet, or in the vicinity of a school.
- A physician's approval is not a trophy. Don't wave it around and act like it is.
- If you have an indoor home garden, keep the grow area under 100 square feet and be sure that any electrical or plumbing is safe and up to code.

These simple guidelines will help keep the state's cannabis collectives and outlets operating smoothly and with less legal interference.

## Principles of Sensible Cannabis Use

### Tips from the Berkeley Patient Group

Like anything, cannabis can be misused. Excessive or inappropriate use can contribute to problems including sleepiness, overeating, and time management issues. Due to the political climate surrounding cannabis research, clinical studies have produced widely conflicting conclusions about the benefits and potential side effects of cannabis. Always listen to the advice of your doctor and use good judgment when using medical cannabis.

These guidelines help identify ways of using cannabis in a positive way.

1. Adults should use cannabis as part of a healthy, balanced, and responsible lifestyle.
2. The decision to use cannabis should be made freely, and not as a result of social pressure.
3. Cannabis users should be well informed about its effects on themselves and others. These effects include legal and health risks as well as personal consequences.
4. Never use cannabis as an excuse or a cue for antisocial or irresponsible behavior.
5. Cannabis users should model and reward responsible use, particularly with new users.
6. Use cannabis as part of positive social interactions, rather than primarily in isolation or as a remedy for negative feelings.
7. Develop sensible cannabis use limits for yourself based on personal, health, situational, and cultural factors. It is important to be objective about your personal cannabis use and listen to the constructive advice of others.
8. Avoid cannabis use that puts you or others at risk, such as when driving, at work, or in public places.
9. Use of cannabis by children is inappropriate and should be discouraged.
10. Cannabis use should contribute to, rather than detract from, users health, well-being, creativity, work, relationships, and social obligations.

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### Make Oaksterdam more pedestrian friendly

- Observe 25 mph speed limit
- Watch out for pedestrians crossing against lights and for jaywalkers
- Yield to peds when turning, check adjacent crosswalk before turning
- Check sidewalks when entering and exiting garages and parking lots
- Check your mirror before opening your car door when parked on street
- Pedestrians, watch for turning cars and keep out of drivers' blind spots.

### Show pride in Oaksterdam: Keep it clean!

Please do not litter while visiting the Oaksterdam District — always pick up your trash. A city ordinance requires that storefronts keep the sidewalk in front of their business clean, so do your part. Report any persistent garbage problems to keep Oaksterdam clean and attractive.

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Film review:

## Woody narrates provocative "Grass" documentary about marijuana laws

By Elizabeth Kinsey

Ron Mann's film *Grass* chronicles the federal government's extensive and costly war on marijuana. The film was released in 2000 and is available on DVD.

Narrated by celebrity marijuana activist extraordinaire Woody Harrelson, the film uses clips from thirties era government educational films, congressional hearings, news footage and events in pop culture to explore America's relationship with marijuana over the last century. The film also provokes questions about the fearmongering propaganda that has played a role in that relationship. Mann also uses the film to expose how federal money has been expended in the effort to wipe out a roadside weed that once, few Americans even knew existed.

Skillfully moving through the decades, Mann details how the first drug czar, Harry J. Anslinger, manipulated facts and used the tabloid press to scare and intimidate Americans into believing marijuana was a threat to their way of life; how that tactic was used by future administrations; and how costly it may have been for the nation. It illustrates how marijuana was once something the states governed, and how the federal government convinced the states to relinquish jurisdiction.

One of Mann's methods to expose the government's role in demonizing and stigmatizing marijuana is his skillful breakdown of the "official truths" propagated in various eras during the war against marijuana. Some of these official truths try to instill social shame, like "if you smoke it, you will undermine national security" or "if you smoke it, you will withdraw from society". Punchy graphics display facts about the various historical events and legislation that defined America's relationship with pot- from jazz clubs to suburban

middle class adults. As the users of marijuana evolved- subsequently changing the kinds of people arrested for marijuana crimes- the stigma of using marijuana changed, and the government was forced to switch tactics.

Mann's methodical depiction of the war against marijuana is fraught with humorous moments, and Harrelson's narration will keep audiences attentive.

*Mann uses his film to expose how federal money has been expended in the effort to wipe out a roadside weed that once, few Americans even knew existed.*

The points and positions raised by Mann should interest smoker and non-smoker alike, and the monetary waste of fighting this war may cause a few heads to shake. While never advocating the use of marijuana, Mann and Harrelson provide an excellent examination of the way marijuana has been treated by the federal government, the resources that have been expended, and in some cases, the lives that have been irrevocably changed by marijuana policy.

This film is a must see for the casual smoker, the curious, the activist, or even the opponent of marijuana use and decriminalization. The film closes with a voice-over from New York Mayor Fiorella La Guardia, who believed marijuana laws should be abolished because they are hard to enforce, and cause more grievance to the public than actual marijuana use. After watching this documentary, the viewer might come to the same conclusion.



**GRASS: GATEWAY TO THE FACTS** — The poster for the documentary "Grass" is reminiscent of a pulp fiction book cover or a "B" movie poster, but the content is sharp, witty and filled with little known facts and film clips. See Henry Ford use a sledge hammer to pound on his hemp-mobile — without leaving a dent! See actual footage of a college student smoking pot in a lab experiment — and enjoying it! See drug addicts Richard Nixon and Elvis Presley shake hands in the Oval office! You won't believe your eyes, or the next lying excuse for an ad you see from ONDCP/PDFA!

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**CANNABINOID RESEARCHERS** — Richard Musty, Mahmoud El-Sohly and Raphael Mechoulam were three of the researchers at the Leiden conference. Musty was honored for his work on cannabis. El-Sohly works at NIDA and runs the federal US medical marijuana garden at the University of Mississippi. Dr. Mechoulam identified THC and other molecules, and works at Hebrew University in Israel. Photo by Chris Conrad

*International Association on Cannabis Medicines*

## Scientific conference hears of tumor reducing effect from cannabinoids

By Chris Conrad

A prestigious gathering of scientists and researchers met in September in Leiden, The Netherlands, where the International Association for Cannabis as Medicine biennial conference heard first-hand reports of tumor reducing effects and other benefits of marijuana and cannabinoids.

*“At 35 days after cancer cell injection, the tumors in the treated group were half the size of the tumors in the controls.”*

— Dr. Raphael Mechoulam, et al.

Cannabinoids are compounds found in the cannabis plant. Endocannabinoids are naturally occurring compounds in the human body that are similar in structure and effect to those in cannabis.

Much of the funding for the research projects was funded by government agencies such as NIDA and were designed to look for harmful effects rather than health benefits, which skewed the information somewhat. Nonetheless, significant benefits and relatively few harms were revealed. In fact, the marijuana smokers in general appeared pretty normal when compared to the rest of society, based on the reports that were given.

Not all research presented was government approved. Mark Gibson reported on

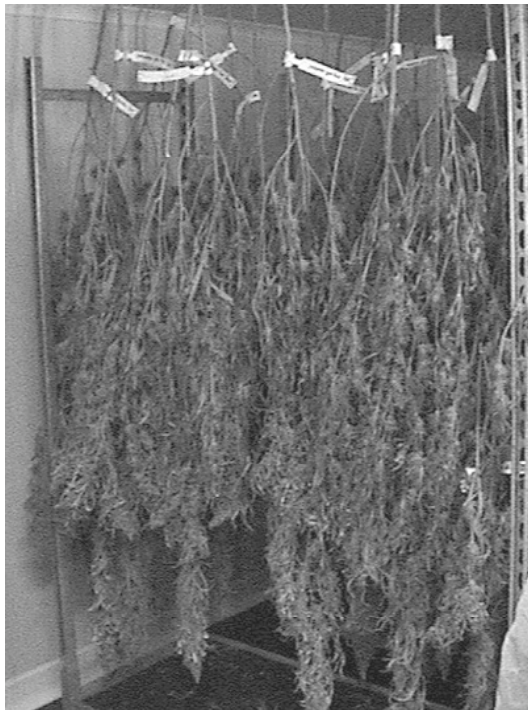
his work with Canna-Biz Chocolate, which he and his wife produce and provide to a number of multiple sclerosis sufferers in the UK. They monitor their patients and saw significant alleviation of symptoms. Shortly thereafter, police came in and arrested them, shut the service down, took away their medicine and charged the couple with trafficking. Mark faces prison for his work. A court trial is planned for next year.

Jorg Fachner compared topographic EEG brain mapping changes of cannabis induced and sound-trance induced altered state of consciousness

### Tumors reduced by cannabinoid

Research on the tumor reducing effects of cannabinoids were one of the most exciting pieces of new information brought forth. The research, backed up with photos and measurements, showed that rats with large, induced tumors clearly benefited from application of cannabis derivatives, and not merely as an adjunct to chemotherapy. Researchers from Hebrew University, Jerusalem, Israel, including Dr. Raphael Mechoulam, credited as the discoverer of the THC molecule, led an international team investigating the use of cannabinoids to treat cancer. Dubbed HU-331, cannabidiol-hydroxyquinone was produced from cannabidiol and used to treat tumors in vitro and in vivo, meaning both in petri dishes and also on living mice.

“HU-331 shows very high effectivity against human cancer cell lines in-vitro



**COOL DRYING** — The Dutch medical marijuana program uses cannabis dried in the dark at a cool temperature to preserve potency and minimize mold. These large indoor plants are much more than a small “Sea of Green” type plant that may produce less than 3.5 grams, an eighth of an ounce. Photo by Chris Conrad

and also against in-vivo tumor grafts in nude mice. At 35 days after cancer cell injection, the tumors in the treated group were half the size of the tumors in the controls,” they reported. HU-331 inhibited T-cell lymphoma cell growth more than known anticancer drugs, including doxorubicin, mitoxantrone and etoposide. HU-331 proved much less toxic than doxorubicin, mitoxantrone and etoposide.

### Promising review of Sativex

Researchers from GW Pharmaceuticals reported on the company’s work with natural, broad spectrum inhaled cannabis extract. The medication, already available in Canada, utilizes patented technology to ingest and regulate the dose without smoking by using a device similar to the asthma inhaler.

Their research concluded that the plant-based medicinal extract Sativex produced significant improvements in a subjective measure of spasticity which were maintained on long-term treatment with no evidence of tolerance.

### California research

Dr. Jeffrey Hergenrather presented a paper developed with fellow California

physicians Tod Mikuriya and David Bearman on the “Clinical improvement and reduction of immunosuppressive drug therapy in cannabis treated patients with Crohn’s disease.” They reported that “The Crohn’s patients encountered by these physicians have been treated with a variety of conventional pharmacological therapies including steroids, other immunomodulators and a number of biologic therapies, including anti tumor necrosis factor.” Smoked cannabis was found to be more effective in relieving

Dr. Donald Abrams reported favorably on smoked cannabis therapy for hiv-related painful peripheral neuropathy: results of a randomized, placebo-controlled clinical trial. Dale Gieringer, PhD, gave an update on the growth of cannabis medicine in the US: practice and usage in a semi-legal regime.

### Field trip to official gardens

Marco van de Velde discussed “Two years of experience with legal production and distribution of medicinal cannabis in the Netherlands,” and participants had an opportunity to take a field trip to the official, government licensed cannabis nursery of Bedrocan.

## Cannabis shown to help repair and regrow damaged brain cells

By Justin Baker

A team of Canadian researchers reported Oct. 13 that cannabis use appears to spur the development of new brain cells in rats and to have further beneficial anti-anxiety and anti-depressant effects.

While it has been known for more than 100 years that cannabis does no discernible damage to brain cells, only in the past ten years have reports demonstrated a direct neurological benefit.

The results support the anecdotal claims of thousands of patients, contradict decades of anti-marijuana propaganda used to prop up the founding Drug War and suggests more social benefits to be had by legalizing cannabis for adults.

Because many social drugs, including opiates, alcohol, nicotine and cocaine, have been shown to suppress the formation of new brain cells when used chronically, cannabis had been suspected of doing so in a form of “guilt by association.” However, researchers in Israel found that cannabinoid drugs are helpful in cases of nerve damage and trauma. The US Department of Veteran Affairs found

similar results working with veterans suffering from PTSD in the 1980s and suppressed the results.

Now, a team at the University of Saskatchewan department of psychiatry in Saskatoon, led by Xia Zhang, may have found evidence the drug promotes new brain cells to form in the hippocampus region of the brain, which reduces anxiety and depression.

Zhang and his colleagues wrote in the November issue of the Journal of Clinical Investigation that cannabis appears “to be the only illicit drug whose capacity to produce increased ... neurons is positively correlated with its (anti-anxiety) and anti-depressant-like effects.” The paper was posted online at the Journal’s website.

Rats in the study were injected twice per day for 10 days with HU210 -- a synthetic form of a cannabinoid found naturally in smoked cannabis. This is equivalent to “a high dose” of smoked cannabis, Zhang said, but given the variables of potency and cigarette size, he is not certain how many joints it would take for a human to match the dosage.

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**GARDENS GALORE** — Above: Soma's female plants were almost ripe when we rolled into Amsterdam after the Leiden conference. The golden color is from the use of warm spectrum lamps that simulate autumn sunlight. Upper right: This cola isn't fully mature, but already the resin is glistening. Right: At the Sensi Museum Coffeeshop on Damstraat by O. Achterburgwal you can't buy cannabis but you can drink a cappuccino and have a smoke in its cannabis friendly accommodations. Plants started from seed and by clones grow in the anticing entryway. Below, from left: Caren Woodson, Mikki Norris and Chris Conrad spoke at the Cannabis College.



## Greetings from Amsterdam!

By Tristin Coffman

The trip to Leiden gave some Oaksterdam regulars a chance to visit Amsterdam and its famed coffeeshops and cannabis gardens on the way home.

The Cannabis College, located in the historic red light district of the city, hosted a talk by Mikki Norris of the Cannabis Consumers Campaign, Chris Conrad of Safe Access Now and Caren Woodson of Americans for Safe Access. The Dutch were interested to hear about developments in the US. Their own policy, while not as oppressive as in America remains arbitrary in its application.

In the basement of the College is a five plant cannabis garden which can be seen

for the price of a few dollars. It didn't take long to find numerous other small patches of cannabis cropping up in people's patios, yards and even indoors, despite an official policy that disallows the use of lamps to grow cannabis.

More plants were growing around the doorway to the nearby Hash, Marihuana and Hemp Museum. As tourists strolled the canals, the friendly fragrance of cannabis rose to meet them.

Coffeeshops such as the Gray Area offer their own unique menus with a selection of cannabis bud and hashish. The prices are about half that of comparable material in California and purchases are limited to 5 grams per visit. Due to the acceptance of smoking as a European lifestyle, coffeeshops still usually allow on site consumption of the material.

After 30 years, over-the-counter sales of cannabis have become simply another regulated business in The Netherlands.

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